



Take advantage of health checkups and cancer screenings.

Survey findings

The rate of gynecological exams decreased after the GEJE among young adults.

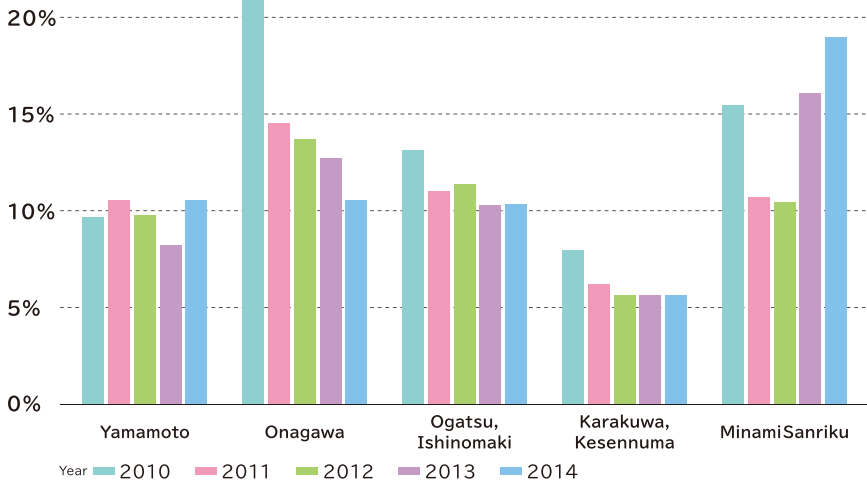
Recommendation

Once things settle down after a disaster, make sure to have checkups.

After a disaster, you may become too busy putting your life back together to properly take care of your own health. In a survey conducted in the areas affected by the Great East Japan Earthquake, the rate of gynecological exams was found to be lower than the standards before the earthquake among young adults. Once things have settled down in the aftermath of a disaster, be sure to have regular checkups.

Screening rate **Screening rates of uterine cancer among young women (20 y.o. to 49 y.o.)**
25%

Screening rates dropped after the Great East Japan Earthquake.



(Adapted from the Miyagi Cancer Society Annual Report)

